

2011 CYO TRACK AND FIELD - SECTION II

ORDER OF EVENTS FOR PRELIMINARY MEETS

RUNNING EVENTS

1. **50 Meter DASH (K-2)**
K 1 2 GIRLS K 1 2 BOYS
2. **1600 Meter** —
(3rd grade and above only)
6-8 GIRLS 3-5 GIRLS
6-8 BOYS 3-5 BOYS
3. **800 Meter** —
8 7 6 5 4 3 GIRLS
8 7 6 5 4 3 BOYS
- **OPENING PRAYER** —
4. **100 Meter DASH (K-2)** —
K 1 2 GIRLS K 1 2 BOYS
5. **4X100 Meter RELAYS** —
3 4 5 6 7 8 GIRLS
3 4 5 6 7 8 BOYS
6. **400 Meter RUN** —
3 4 5 6 7 8 GIRLS
3 4 5 6 7 8 BOYS
7. **100 Meter DASH** —
3 4 5 6 7 8 GIRLS
3 4 5 6 7 8 BOYS
8. **50 Meter DASH (3-5)** —
3 4 5 GIRLS
3 4 5 BOYS
9. **200 Meter RUN** —
8 7 6 5 4 3 GIRLS
8 7 6 5 4 3 BOYS
10. **4 X 400 Meter RELAYS**
11. **SPRINT MEDLEY RELAYS**
(5th grade and above)

TIME SCHEDULE

Sunday Meets

- Coaches Meeting – 11:30 a.m.
1st Call – 11:45 a.m.
12 Noon Start

FIELD EVENTS

- SOFTBALL THROW** —
8 7 6 5 4 3 GIRLS
8 7 6 5 4 3 BOYS
- SHOT PUT** —
5 6 7 8 GIRLS
5 6 7 8 BOYS
- LONG JUMP** —
6 7 8 BOYS / 6 7 8 GIRLS
3 BOYS / 3 GIRLS
4 5 GIRLS / 4 5 BOYS
- TETHERBALL TOSS** —
3 4 5 6 7 8 GIRLS
3 4 5 6 7 8 BOYS

PLEASE NOTE!

1. All events will have 3 CALLS. Late-comers will NOT be allowed to compete after the last call is made. Participants leaving a field event for a track event must check out with the Field Event Judge and report back within a reasonable time.
2. All coaches and parents are to remain off the infield, track and away from the finish line at all times. Failure to observe this rule may result in DISQUALIFICATION of the participant or the entire team.
3. All Participants must wear a label to compete. Participants name, parish or school and events must be written on the label.
4. Instruct all athletes and children to use EXTREME CAUTION in event areas, especially the SHOTPUT and SOFTBALL THROW AREAS.
5. Teams must clean up their areas after each meet
6. NO SMOKING IS ALLOWED