

SAC GIRLS CYO VOLLEYBALL

2011/2012 RULE EXCEPTIONS

(Effective Nov 8, 2011)

The SAC Girls Volleyball league was founded for the purpose of providing beginning experiences of playing volleyball in a Christian atmosphere and to serve as an instructional league. We ask parents and coaches to remember that the game is for the girls, that winning or losing is not as important as playing and learning the game. Please support our league in the spirit that it is intended. Unless otherwise stated, the SAC will follow the Oakland Diocese CYO Girls' Volleyball Rules in the current edition of the Oakland Diocese CYO Athletic Manual.

RULES EXCEPTIONS FOR 3RD/4TH GRADE DIVISIONS (ONLY):

Service Line: The service line will be moved into the court approximately 5 feet from the end line, marked or indicated to the coaches prior to the start of each match by the officials. If a player chooses, they may move forward of the modified service line to a point, behind the ten foot line, where the serve has a reasonable chance of clearing the net. Coaches are encouraged to challenge their players to serve from behind the modified line or as close to the modified service line as possible.

All Play Rule: Because of the timed sets, the All-Play Participation Rule will not apply to the 3rd/4th Grade Division. Coaches are expected to play their players a substantial amount of time and are encouraged to play all eligible players equally.

Length of Match: The 3rd/4th Grade division is considered instructional. As such, each match will consist of two sets (games). Each set will use a running clock and be 15 minutes in length; clock will stop for time outs. Although officials will keep the score, the score will not be displayed and standings will not be posted.

Substitutions: The one for one substitution rule is waived to allow coaches to substitute any way they choose.

RULES EXCEPTIONS FOR 5TH GRADE DIVISION ONLY:

Service Line: The service line will be moved into the court approximately 5 feet from the end line, marked or indicated to the coaches prior to the start of each match by the officials. The modified service line may be used **ONLY** for **underhand serving**.

SPIKING LINE:

As an exception to the Oakland Diocese Girls Volleyball Rules, for all grade levels, the spiking line (10 foot line) will be used.

JERSEY NUMBERS:

All Players must have a clearly visible number on the front and back of their uniform jersey.